EAGLE POINT BLUE RAPIDS parks council

Adventure Awaits....

www.epbrparkscouncil.org



Kathy Schwengler, Education & Outreach Coordinator, Eagle Point-Blue Rapids Parks Council

## There is no such thing as bad weather, only bad clothes."

We've been a bit remiss is keeping our Nature News up to date and we apologize! We've had a hectic schedule juggling Nature Education programs and Community Events.

Now that winter is here, we have a bit more time on our hands and we've able to put together a small winter edition for our subscribers, including a quiz to test your nature knowledge, 5 winter activities, great educational links and upcoming events!

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### 5 WINTER ACTIVITIES FOR THE ENTIRE FAMILY!

### **GET A CLOSER LOOK AT ICE AND SNOW CRYSTALS**

Head out to the trails on a frosty morning with a magnifying glass or your camera! Humid conditions in winter can create the most beautiful frosty crystals! Find crystals on the surface of seed pods, spruce needles or moss or collect snowflakes on a cold scarf. Getting a close look with a magnifying glass or the macro setting on your phone.

### 2. BRING NATURE INDOORS

When it's just too cold, bring out your collection of pine cones, feathers and rocks! Create an arrangement with your collection on your kitchen table. **Practice drawing or painting** nature in the comfort of your home.

### 3. KIDS COLLECT WEATHER INFO!

Kids! Keep a weather journal! Write down the coldest and warmest temperatures each day. Take a ruler outside after a snowfall and document the depth of a fresh snowfall. You can even calculate monthly averages to practice your math skills!

### 4. GO ON A HUNT FOR SIGNS OF WILD ANIMALS IN THE PARKS

How many types of animals live in our local parks? Ideally, this activity works after a fresh snowfall. Head out to a less travelled area for hiking and look for signs of animals - from tracks and scat to nibbled shrubs to old nests and tree cavities to antler rubs! The forest can reveal so much if you use your best observation skills.

### 5. GO ON A LICHEN HUNT!

Did you know that we have around 1100 species of lichens in Alberta? Some have cool common names, like pixie cups, fairy puke or British soldiers. Lichens are actually not a single organism, but a combination of fungi, algae and sometimes bacteria. They live in a symbiotic relationship and have unique traits (shape, colour, substrate, etc.). You can find lichens on tree bark, rocks, metal, rotting stumps, on the ground, on old fence posts, etc. Take a magnifying glass and see how many different types you can spot in our local forests.

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### Upcoming Events in our Parks



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What's your nature score for this quiz on **Eagle Point-Blue Rapids Parks** system?























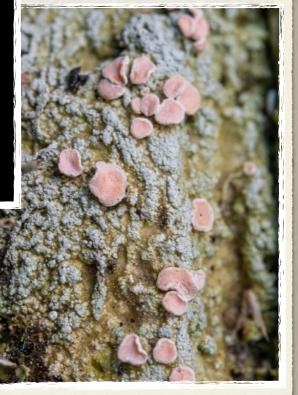
What kind of scat is this?

- a.Snowshoe Hare
- **b.Boreal Chickadee**
- c.Spruce Grouse
- d.Porcupine



### Visiting our two Parks this winter?

Show us what you love about our Parks with your photographs by tagging us at #iloveEPBRParks



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### **Questions or Suggestions?**

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### **VISIT OUR PLATFORMS:**

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### **KEY**era

Eagle Point-Blue Rapids Parks Council thanks our supporters for their continued support of our Nature Education programs!

Keyera is our featured supporter for the Winter 2024 Edition.

Links to Further Learning/Exploring!

- PEMBINA NORDIC CLUB Winter is a great time to join our local nordic ski club! Get access to over 25 km of trails, groomed throughout the winter. They also have trails for snowshoeing, walking or mountain biking.
- © Geocaching.com Get your steps in with Geocaching! A worldwide, year round scavenger hunt and it's free! Many geocaches are accessible in the winter months.
- Feeding Birds in Alberta Hanging up a seed feeder or a suet bar to attract winter birds will bring some of Alberta's winter birds to you! Check out this article on bird feeders.
- Explore the Wondrous World of Alberta's lichens with the Alberta Biodiversity Monitoring Institute.